Chaplet of the Holy Name

Make an Act of Contrition (i.e., pray this prayer earnestly):
O my God, I am heartily sorry for having offended Thee and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and avoid the near occasions of sin.

On the large bead:
V: Incline unto my aid, O God,
R: O Lord, make haste to help me.

First Decade:
Lord, Thou hast said:
"Ask and ye shall receive; seek, and ye shall find;
knock, and it shall be opened unto you,"
I seek, I knock, I ask this favor [Silently make your request].

Repeat 10 times:
V: Incline unto my aid, O God,
R: O Lord, make haste to help me.

Second Decade:
"Amen, I say unto you, if ye ask the Father anything
in My Name it shall be given unto you." It is of the
Father and in Thy Name, Lord, I ask this favor.

Repeat 10 times:
V: Incline unto my aid, O God,
R: O Lord, make haste to help me.

Third Decade:
Lord, Thou hast said:
"Heaven and earth shall pass away,
but My Word shall not pass away,"
Thou wilt grant me this favor because
Thou hast said it and Thy word is true.

Repeat 10 times:
V: Incline unto my aid, O God,
R: O Lord, make haste to help me.

Chaplet of the Holy Name

Make an Act of Contrition (i.e., pray this prayer earnestly):
O my God, I am heartily sorry for having offended Thee and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and avoid the near occasions of sin.

On the large bead:
V: Incline unto my aid, O God,
R: O Lord, make haste to help me.

First Decade:
Lord, Thou hast said:
"Ask and ye shall receive; seek, and ye shall find;
knock, and it shall be opened unto you,"
I seek, I knock, I ask this favor [Silently make your request].

Repeat 10 times:
V: Incline unto my aid, O God,
R: O Lord, make haste to help me.

Second Decade:
"Amen, I say unto you, if ye ask the Father anything
in My Name it shall be given unto you." It is of the
Father and in Thy Name, Lord, I ask this favor.

Repeat 10 times:
V: Incline unto my aid, O God,
R: O Lord, make haste to help me.

Third Decade:
Lord, Thou hast said:
"Heaven and earth shall pass away,
but My Word shall not pass away,"
Thou wilt grant me this favor because
Thou hast said it and Thy word is true.

Repeat 10 times:
V: Incline unto my aid, O God,
R: O Lord, make haste to help me.